

Dr Jagruti Yogesh Desai
MD, FIMSA
Laparoscopist, Obstetrician & Gynecologist
Special Interest in Infertility
Director, Udhna Hospital PVT LTD



I Promise Myself...

- To Be So Strong That Nothing Can Disturb My Peace Of Mind.
- To Talk Health, Happiness, And Prosperity To Every Person I Meet.
- To Make All My Friends Feel That There Is Something Worthwhile In Them.
- To Look At The Sunny Side Of Everything And Make My Optimism Come True.
- To Think Only Of The Best, To Work Only For The Best, And To Expect Only The Best.
- To Be Just As Enthusiastic About The Success Of Others As I Am About My Own.
- To Forget The Mistake Of The Past And Press On To The Greater Achievements Of The Future.
- To Wear A Cheerful Expression At All Times And Give A Smile To Every Living Creature I Meet.
- To Give So Much Time To Improving Myself That I Have No Time To Criticize Others.
- To Be Too Large For Worry, Too Noble For Anger, Too Strong For Fear, And Too Happy To Permit The Presence Of Trouble.
- To Think Well Of Myself And To Proclaim This Face To The World, Not In Loud Words, But In Great Deeds.
- To Live In The Faith That The Whole World Is On My Side, So Long As I Am True To The Best That Is In Me.

“When You Have Made Up Your Mind What You Want To Do, Say To Yourself A Thousand Times A Day That You Will Do It. The Best Way Will Soon Open. You Will Have The Opportunity You Desire.”

Adapted with Gratitude
From “**THE SECRET**” (by **CHRISTIAN D. LARSON**)